



Blue Sky

&

## ENGLISH ADVENTURE



present our upcoming workshops for July 17<sup>th</sup> 2011

### **7TH CPR & AED WORKSHOP**

**(Cardio-pulmonary resuscitation & the use of the automated external defibrillator machines)**

SEE OUR WEBSITE FOR DETAILS: <http://cprinjapan.wordpress.com/>

This workshop is for parents, teachers, anyone who works with children or any other interested people in Tokyo to learn, or update, your skills in CPR and the use of the AED machines.

Date: Sunday July 17th 2011

Time: 9:00 am – 12:00 noon

Cost: 4000 yen including materials

Location: Shibuya

There will be a special section on AED use, and a section on CPR for infants and young children. These courses are run in conjunction with the Tokyo Fire Department, who provide certification, in collaboration with Dave Paddock from English Adventure and Iona Macnab from Blue Sky.

We are pleased to be able to offer this course again for English-speaking participants.

In the past year, over 150 people have taken our courses. Babies welcome.

Places are limited so please contact us soon by email. [blue.sky@gol.com](mailto:blue.sky@gol.com)

On the same day in the afternoon, we will be offering our First Aid course for parents and care-givers in Tokyo.

### **Bumps, burns, poisons and other nasties** **Safety & first aid in the home and playground.**

Date: Saturday July 17<sup>th</sup>, 2011

Time: 13:30 – 16:00

Cost: 6000 yen including materials

Location: Shibuya

It is a pre-requisite for the First Aid workshop that you have completed or are concurrently enrolled in our CPR/AED workshop. Your place will be secured in either or both of these workshops by pre-payment of the registration fees.

Your instructors:

DAVE PADDOCK – English Adventure- outdoor camps for kids <http://www.english-adventure.org>

IONA MACNAB – Blue Sky – resources for new parents in Tokyo <http://www.blueskytokyo.com>